



IntraEuropean Travelling Fellowship 2023

May 31st – June 28th

Natalia Martínez Catalán, MD, FEBOT



Gokhan Karademir, MD, Assoc. Prof.





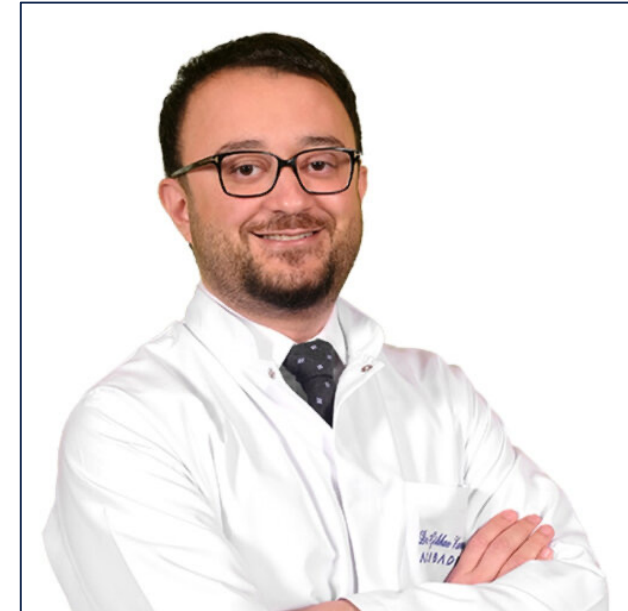
ABOUT US



Natalia Martínez Catalán, MD, FEBOT

Consultant Shoulder & Elbow Unit

Hospital Fundación Jiménez Díaz, Madrid, Spain



Gokhan Karademir, MD, Assoc. Prof.

Consultant Shoulder & Elbow Unit

Acibadem MAA University, Istanbul, Turkey



STATION 1: Belgium

Prof. Roger Van Riet
Prof. Olivier Verborgt

Orthoca- Orthopedic
Center- Campus Deurne,
Antwerpen





On wednesday afternoon we arrived to Antwerpen. which was our first station. Nextday morning we participated in 3 elbow arthroscopies and 2 biceps tenodesis surgeries just in half a day with Prof. Van Riet. We observed the consultation in the afternoon. In the evening we were guests at Prof. Van Riet's house. We had a wonderful evening with his delightful family and fellows.



The second day started with Prof. Verborgt picking us up from our hotel. We participated in rotator cuff and shoulder arthroplasty cases together with him. On the same day, we presented our scientific studies. After dinner by the river, we had a delightful evening with the excellent team.



STATION 2: Munich

Prof. Patric Raiss
Prof. Kilian Wegmann

OCM Orthopädische
Chirurgie München and
Sana Health Campus
Munich





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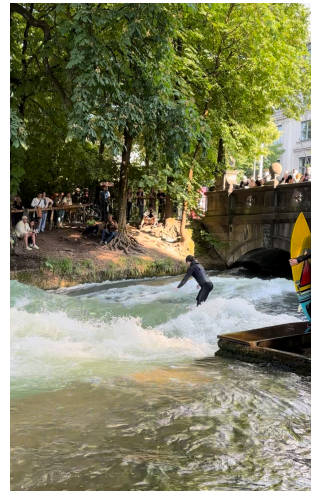
On Sunday, Prof. Wegmann picked us up from Munich Airport. We had a very delightful evening in a German beer garden.

The next day, we had the opportunity to attend a lot of shoulder arthroplasty and arthroscopy operations with Prof. Raiss in just one OR.

Then, we met his precious family at the dinner at Prof. Raiss' house and we had an unforgettable evening.



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We participated in elbow arthroscopy and RSA surgeries with Prof. Wegmann. After the Munich city tour guided by Lisa Victor, we met with the team for dinner. We presented our studies at the clinical meeting the next morning. We participated in surgeries until Wednesday afternoon. Then we said goodbye to Prof. Raiss at the airport with unforgettable memories.



STATION 3: Italy

Prof. Alessandro
Castagna

Humanitas Research
Hospital, Milano





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On Thursday, we observed consultation with Prof. Castagna at Humanitas University in Milan until noon. We witnessed his enthusiasm for education during campus tour. We thank Prof. Castagna and his team for the mini-ceremony held after our scientific study presentations. We met his estimable wife at dinner at Castagna's house and had a very pleasant evening together



On Friday the operating room program started with Dr. Ranieri's wonderful croissant treat. We had the chance to attend Prof. Castagna's Laterjet, RSA and rotator cuff surgeries. On the same day, we had a very nice evening with the Castagna's team. Many thanks to Prof. Castagna and his wonderful team for their hospitality and friendliness.





STATION 4: Switzerland

Prof. Markus Scheibel
Prof. Philipp Moroder
Schulthess Klinik, Zürich

Prof. Karl Wieser
Balgrist University Hospital,
Zürich



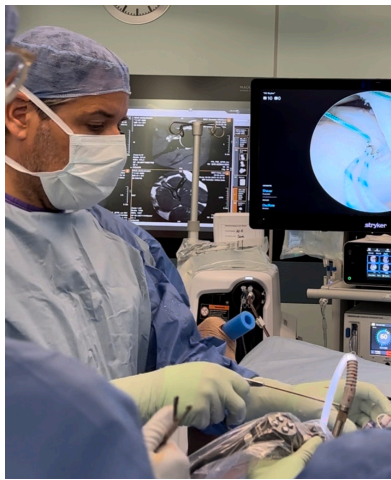


On Sunday we arrived to Zurich. Dr. David Endell was waiting for us at the airport and took us to Zurich city center.

We enjoyed a very pleasant dinner with him and the Prof. Scheibel's fellows.

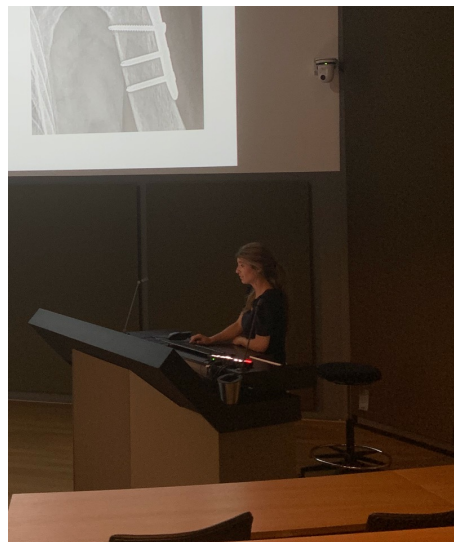


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On Monday, Prof. Scheibel picked us very early in the morning and we attended the morning clinical session where he introduced us to his colleagues.

There were two operating rooms at the time, one with Prof. Scheibel and the other with Prof. Moroder. We had the opportunity to help them in reverse shoulder arthroplasty, AC dislocation, rotator cuff repair, open J graft for shoulder instability and interesting revision arthroscopy case.



On Tuesday we were in Balgrist Hospital with Prof. Wieser. We planned a very busy OR day for us with a latissimus dorsi transfer, revision RSA, and revision rotator cuff re-tear. We were able to visit the Balgrist Research Institute that is very involved in Orthopedic Research.

In the afternoon Prof. Scheibel and Prof. Wieser organized an impressive scientific session where they presented very advanced papers. We had a wonderful dinner with Prof. Scheibel, Prof. Wieser and both teams.



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Wednesday was our last day in the OR with Prof. Scheibel and his team and before leaving Zurich we visited the best views of the city from Uetliberg. Thank you so much for Prof. Scheibel, Prof. Moroder and Prof. Wieser who hosted us very kindly.



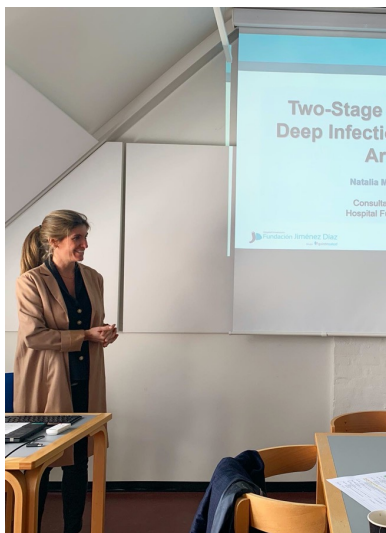
STATION 5: Denmark

Prof. Bo Sanderhoff Olsen
Gentofte Hospital, Copenhagen





On Wednesday we arrived at Denmark. Prof. Olsen welcomed us very early on Thursday morning and we went to Gentofte Hospital, which is an elective surgery center. He performed an RSA and a total elbow arthroplasty only with us as helpers.



On Thursday afternoon, Prof. Olsen organized a very interesting scientific session where all the team shared their research. We were surprised about how strong is the Danish Registry.



On Friday we were in outpatient clinic and in the afternoon, we had a very nice dinner at a typical Danish restaurant.



STATION 6: FRANCE

Dr. Philippe Collin

Clinique Victor Hugo VIVALTO
SANTÉ, Rennes





Dr. Collin had prepared us a full day in the OR including different arthroscopic rotator cuff repair cases.

We had a wonderful dinner in a typical French restaurant with him and his fellow Dr. Donald Tedah.



On Tuesday we were in outpatient clinic, and we had the opportunity to see how efficient is his system in consultation with his physical therapist team. They organized an interesting session about scapula abnormal motion.

In the afternoon we had interesting case of revision RSA and primary RSA and after that we could visit the nice city of Rennes.



STATION 7: United Kingdom

Prof. Lennard Funk

Wrightington Hospital, Wigan





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The first day in Wrightington Hospital we were with Dr. Andrew Wright in the OR, and he performed elbow arthroplasty and elbow arthroscopy.

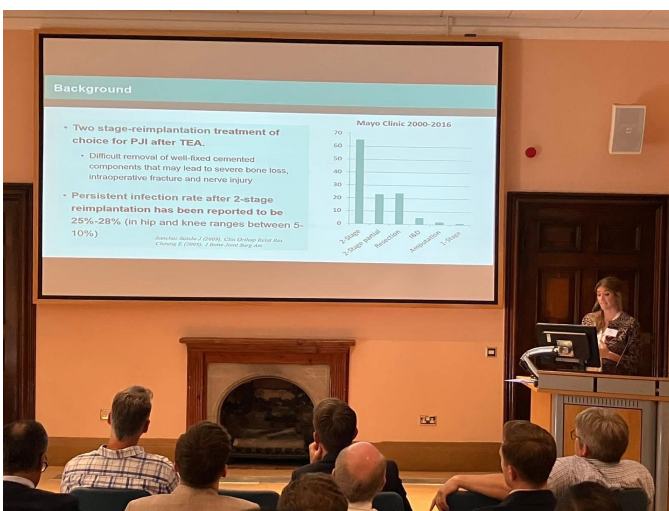
In the afternoon we had the opportunity to assist to a cadaver lab with Prof. Adam Watts and after that we were kindly invited to Prof. Funk's house, who organized a barbecue with all his fellows and students. He organized a nice scientific session where he share with all of us his knowledge on scapular dyskinesis.





On Friday it was a full day on shoulder instability including open Latarjet, arthroscopic Bankart repair and arthroscopic posterior instability.

In the afternoon, we were invited to participate in Wrightington John Charnley Gold Medal Research Day. We could share our research in this special day and are very grateful to have the opportunity to learn about all the interesting research projects that they presented.





STATION 8: Switzerland

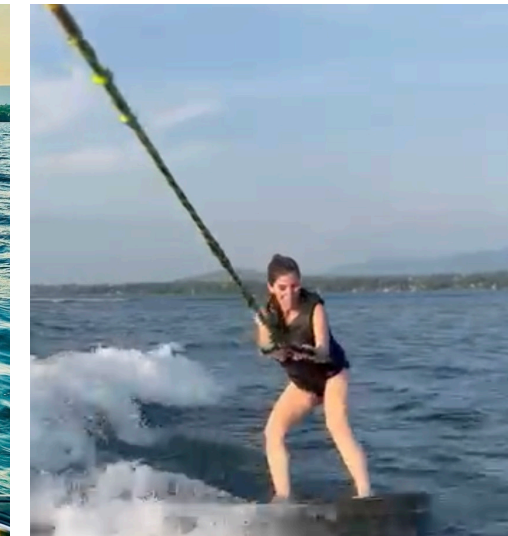
Prof. Alexandre
Lädemann

Hôpital de la Tour, Genève





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Our first day in Genève we took the bikes with Prof. Lädermann to go to Hôpital La Tour. We had the opportunity to learn with him in consultation and to meet Dr. Tiago Martinho. After consultation, we went to do wake boarding in Lac Léman and were invited to had dinner in a nice restaurant with his wife.



We spent the second and third days learning in the OR. We had the opportunity to scrub and help Prof. Lädermann in different surgeries including rotator cuff repair and proximal humerus fracture. Each case prompted a fruitful discussion and it was very instructive.



Gèneve is beautiful town and we had the opportunity to bike around the lake and enjoy the enticing old town with Prof. Lädermann after finishing surgeries. He was a very nice host and we deeply appreciate his hospitality.



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 **Beemed**  **UNIVERSITÉ DE GENÈVE**
FACULTÉ DE MÉDECINE

Docteur A. LÄDERMANN, Privat-docent
FMH Chirurgie Orthopédique et
Traumatologie de l'Appareil Moteur
Chirurgie de l'Epaule et du Coude
Médecin du Sport
www.laedermann.ch

Certificate of Shoulder and elbow Fellowship

This is to certify
That
Martinez Natalia

has successfully completed a clinical FELLOWSHIP in ARTHROSCOPY & SHOULDER and ELBOW SURGERY
from June 28 to June 29, 2023 with Alexandre LÄDERMANN, La Tour Hospital, Meyrin, Geneva.

June 29, 2023,

Director, Fellowship Program
Dr Alexandre Lädermann



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Hôpital de La Tour, Avenue J.-D. Maillard 3, CH-1217 Meyrin

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Certificate of Shoulder and elbow Fellowship

This is to certify
That
Gokhan Karademir

has successfully completed a clinical FELLOWSHIP in ARTHROSCOPY & SHOULDER and ELBOW SURGERY
from June 28 to June 29, 2023 with Alexandre LÄDERMANN, La Tour Hospital, Meyrin, Geneva.

June 29, 2023,

Director, Fellowship Program
Dr Alexandre Lädermann



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It has been a really wonderful experience. In our stay among eight prestigious shoulder and elbow centers, we have learned many things, not all orthopedic related. We have met wonderful people and we hope we can keep these relationships over time.

We think that see different ways of approaching the same pathologies is essential for young surgeons. We thank all the host centers for the very kind hospitality. We want to thank SECEC and Sylvie Noel, who was very precious for us in all the occasions.

Finally, we want to thank each other for being the perfect partner in this unforgettable experience.

